

Hemp/Wool Knit Potholder



Potholder is knit with two threads hemp/wool yarn, treating them as one. The pictured potholder was made using Berry Blue and Curry Yellow.

Materials

Hemp/wool worsted weight yarn, 2.5 to 3 ounces
Knitting needles in US. 10 (6mm) OR whatever size **you** need to achieve the correct gauge

Gauge

16 stitches = 4 inches (10cm), or something close. You want a fairly tight stitch, to provide sufficient insulation. However, gauge isn't absolutely critical, as long as you produce a nice tight stitch without big holes to let the heat through.

Instructions:

Hold two threads together throughout, treating as one

Cast on 35 stitches

Knit every row until potholder is square

Bind off all but the last stitch

After knitting the last stitch, remove your knitting needle and use a crochet hook to make a chain about 2 inches long. Fasten end of chain to potholder to form loop.

My finished potholder measured 9" square; then I tossed it in the washer (gentle cycle), and it shrank to just under 8" square. Of course, when it shrinks, the stitches get tighter and the potholder is thicker. It is the best potholder in our kitchen! After the initial machine washing, I hand wash it, but some people tell me they just throw it in the washer.

You can easily make your potholder smaller or larger by casting on fewer or more stitches.