

S.O.B. Sock Pattern



I created this pattern for my S.O.B. (Shades of Blue) hand dyed sock yarn. I like the way the simple knit/purl pattern works with this two-tone colorway.

Size: Women's Medium

Gauge: 28 stitches = 4" (10cm) in stockinette stitch

Needles: Set of 5 double-pointed needles in US 4 **or** whatever size gives *you* the correct gauge

Yarn: 100g, 440 yards sock yarn

Instructions

Leg

Cast on 56 stitches and divide evenly on four needles: 14 stitches on each needle. Join in a ring, being careful not to twist. Work in k2, p2 ribbing for 2 inches. Begin pattern stitch:

Round 1-3: *k5, p3; repeat from * around

Round 4: Knit

Round 5-7: k1, *p3, k5; repeat from * around, ending with k4

Round 8: Knit

I find it easier to keep track of the pattern if I rearrange my stitches on the needles as follows: 12-16-12-16. Work in pattern stitch until sock measures 7" from cast on edge.

Heel

The last 28 stitches just knit will be worked back and forth for heel flap. Remaining stitches (instep stitches) can be left on needles or placed on a stitch holder until needed.

Row 1: sl 1 purlwise; purl 27

Row 2: *sl 1 purlwise, k1; repeat from * across

Repeat these two rows until you have completed 28 rows. You will end with a right side row.

Turn Heel

Note: sl 1 = slip 1 purlwise

sl 1, p15, p2tog, p1, turn

sl 1, k5, ssk, k1, turn

sl 1, p6, p2tog, p1, turn

sl 1, k7, ssk, k1, turn

Continue, working one more stitch on each row, until all the stitches on heel flap have been worked. You will end with a knit row.

Gusset

Pick up 14 stitches along left side of heel flap. M1 by lifting the yarn between heel & instep stitches onto spare needle, then knitting through back loop onto needle with picked up stitches; this is Needle 1. Knit across instep stitches (Needles 2 and 3), maintaining pattern. M1 as before, then pick up 14 stitches along right side of heel flap. This is Needle 4.

Knit half the heel stitches onto Needle 4, and slip the remaining heel stitches onto Needle 1. Knit one round plain, then begin decreasing:

- Round 1: Needle 1 – Knit to last three stitches, K2tog, K1
 Needle 2 & 3 – Maintain pattern
 Needle 4 – K1, SSK, knit to end of needle
- Round 2: Needle 1 – Knit
 Needle 2 & 3 – Maintain pattern
 Needle 4 – Knit

Repeat these two rounds until you once again have 56 stitches. Continue until foot is 1.75 inches less than desired length.

Toe

- Round 1: Needle 1: Knit to last 3 sts, K2tog, K1
 Needle 2 K1, SSK, knit across
 Needle 3 Knit to last 3 sts, K2tog, K1
 Needle 4 K1, SSK, knit across
- Round 2: Knit

Repeat these two rounds until you have 28 stitches left. Repeat Round 1 only until you have 16 stitches left. You will finish up in the middle of the bottom of your sock; knit the stitches of Needle 1 to bring you to the side.

Finishing

Graft (Kitchener stitch, weave) toe ends together. Weave in all yarn ends.

Repeat for second sock.